



BERNIE SANDERS

UNITED STATES SENATOR FOR VERMONT

Do you or someone you know struggle to pay for heat?
Help may be available.

SEASONAL FUEL ASSISTANCE

This program helps income-eligible homeowners and renters pay for heat. Funded through the federal Low Income Home Energy Assistance Program (LIHEAP), the benefit to help cover a household's seasonal fuel bills is estimated to average about \$925 this year. Renters: You may qualify even if heat is included in your rent. Participation may also increase monthly 3SquaresVT benefits. To apply contact the Vermont Department of Children and Families' Economic Services Division Office nearest you, online at <https://dcf.vermont.gov/benefits/fuel> or by calling **800-479-6151**. Older Vermonters can also call the Senior Helpline for assistance at **800-642-5119**.

UTILITY ASSISTANCE

Green Mountain Power and Vermont Gas have programs to help low-income Vermonters heat and light their homes in the winter. To apply, call **800-775-0516** or visit www.energyhelp.vt.gov.

EMERGENCY/GENERAL ASSISTANCE

This program may help if you do not have enough money to meet an emergency heating, housing, medical, personal, or burial need. Visit <https://dcf.vermont.gov/benefits/EA-GA> or call **800-479-6151** or **2-1-1** for information, including how to apply.

CRISIS FUEL ASSISTANCE

If you are low on fuel and cannot afford more, crisis fuel assistance may be able to help. This program can also pay to repair or replace furnaces and fuel tanks and help you negotiate a payment plan. To apply, contact your local Community Action Agency, which can be found by visiting <https://dcf.vermont.gov/contacts/partners/caps> or calling **800-479-6151**.

WARMTH PROGRAM

This program helps Vermont families pay for fuel and utility bills not covered by seasonal or crisis fuel assistance. It also offers financial counseling and assistance in applying for other programs like 3SquaresVT and home weatherization. To apply, contact your local Community Action Agency, which you can find at <https://dcf.vermont.gov/contacts/partners/caps> or by calling **800-479-6151**.

HOMEOWNER & RENTER ASSISTANCE

Some Vermonters may qualify for help with utility bills through two federally-funded housing assistance programs. Homeowners can get more information about the Vermont Homeowner Assistance Program by visiting <https://vermonthap.vhfa.org/> or by calling **833-221-4208**. Renters can apply for utility assistance through the Vermont Emergency Rental Assistance Program until December 31. Go to <https://erap.vsha.org/> or call **833-488-3727** for more information.

Income guidelines and other eligibility criteria apply.

If you have questions or need assistance, please call my office at
800-339-9834